



# Your GP practice is using the Proactive Monitoring Tool to support your care

## Abtrace?

to support your care by:

Managing long-term conditions (like diabetes)  
Monitoring for your medications  
Invitations for screening, vaccinations, and health checks.

## How Does It Work?

You may receive messages for:

- Invitations to book tests or appointments
- Reminders for follow-ups
- Messages & Questionnaires about your ongoing care

These will come **directly from your GP practice** via Abtrace. For any questions, contact your practice.

## Is It Safe?

Yes. Your data is handled securely and in line with standard NHS data protection rules. Information from your medical record is only used to improve your care.

**You don't need to take any extra action to benefit from this work.**

**Just stay informed and engaged!**

