



What is Abtrace?

Abtrace supports your care by:

Managing long-term conditions (like diabetes)
Monitoring for your medications
Invitations for screening, vaccinations, and health checks.

Your GP practice is using the Proactive Monitoring Tool to support your care

How Does It Work?

You may receive messages for:

- Invitations to book tests or appointments
- Reminders for follow-ups
- Messages & Questionnaires about your ongoing care

These will come **directly from your GP practice** via Abtrace. For any questions, contact your practice.

Is It Safe?

Yes. Your data is handled securely and in line with strict NHS data protection rules. Information from your medical record is only used to improve your care.

You don't need to take any extra action to benefit from this work.

Just stay informed and engaged!

